



# GLENEAGLE

— LEISURE —

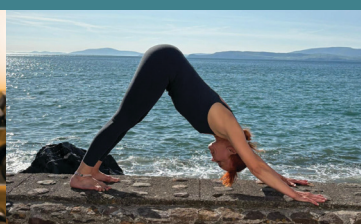
# 2026 Classes

## Fitness Class Timetable

Members | Non-Members

<b>Mon</b>	10:45 - 11:45	Aquaft with Gordon	€8   €15
	18:00 - 18:45	HIIT & Build Class with Laura	€8   €10
<b>Tues</b>	18:30 - 19:30	Yoga Vinyasa Flow Class with Irina	€8   €15
<b>Thur</b>	07:00 - 07:45	HIIT & Build Class with Laura	€8   €10
<b>Fri</b>	18:30 - 19:30	Ladies Dance Class	€8   €12

**Pre-booking Essential | Book Online!**



Contact us: 064 6636178 | 087 9758286

[gleneaglekillarney.ie](http://gleneaglekillarney.ie)