# Lunch Menu

**Light Bite** €12.00

Selection of open and closed sandwiches (CHOOSE FIVE)

Selection of herbal and fruit teas, ground bean coffee

**Light Bite with Soup** 

€15.00

Homemade soup

Selection of open and closed sandwiches (CHOOSE FIVE)

Selection of herbal and fruit teas, ground bean coffee

Light Bite, Soup and **Something Sweet** 

€18.50

Homemade soup

Selection of open and closed sandwiches, served with two salads

Dessert of choice

Selection of herbal and fruit teas, ground bean coffee

**Buffets are Best** 

from €25.00

Choice of three salads

Choice of two main dishes

Dessert of choice

Selection of herbal and fruit teas, ground bean coffee

(REQUIRES A MINIMUM OF 20 GUESTS)

**Light Bite Finger Food** 

€12.50

Cocktail sausages, wedges, chicken goujons, vegetable samosas 1w|1o|3|6|7|11|12

(REQUIRES A MINIMUM OF 10 GUESTS)

**Choice of Finger Food** 

€18.00

Choice of six items

Choice of Hot and Cold Finger Food

€22.50

Choice of four hot and four cold items

Chef's Daily Special

€20.50

Daily special meat, fish or vegetarian

Two-Course Lunch

€25.50

Starter and main course (STEAK SUPPLEMENT APPLIES)

Main course and dessert

Selection of herbal and fruit teas, ground bean coffee

Three-Course Lunch

€29 00

Starter, main course and dessert (STEAK SUPPLEMENT APPLIES)

Selection of herbal and fruit teas, ground bean coffee

## **Lunch Choices**

### Sandwich Options

Spillane's smoked salmon on brown bread 1w | 4 | 6 | 7 | 11

Knockanore cheese with ham in a ciabatta 1w | 6 | 7 | 10 | 12

Eggplant, red pepper and zucchini in a wrap with vegan mayo 1w | 6 | 10 | 12 (VEGAN)

Cajun spiced chicken, iceberg lettuce in a whole meal wrap 1w1316110112

Beef rocket and horseradish in multi grain bread 1w | 1o | 6 | 7 | 10 | 12

Buffalo mozzarella cheese, tomato, pesto mayo on a savoury scone 1w131617110112

Pulled pork, apple relish and iceberg lettuce wrap 1w | 6 | 7 | 10 | 12

Atlantic shrimps, lemon mayo on Irish brown bread 1w|2|3|6|7|10|11|12

Brie in a poppy seed bagel 1w1617

Tuna, iceberg lettuce and red onion wrap 1w|3|4|2|6|7|10|12

Dubliner cheddar in multi-grain bread 1w11o1617

Smoked chicken and dill pickle wrap 1w | 3 | 6 | 7 | 10 | 12

Egg, tomato, rocket in traditional pan bread 1w | 3 | 6 | 7 | 10 | 12

Thai flavoured beef 1w1316110112

Spicy chorizo and artichokes in baguette

1w | 10 | 6 | 7 | 12

Pastrami and rocket in a flavoured bap 1w1617112

Goats cheese roast red pepper bruschetta 1w|6|7|12

ALL SANDWICHES ARE AVAILABLE GLUTEN FREE

### Soup Options

Cream of Irish vegetable 61719112



Cream of potato and leek 61719112



Parsnip, apple with lardons of smoked bacon



Carrot and ginger with flaked almonds (🕍 6 | 7 | 8a | 9 | 12



Butternut squash, carrot with coriander oil (🚉)



Ripe tomato and roast bell pepper split with basil oil



Cream of mushroom with hazelnut cream (\*\*\*) 6 | 7 | 8h | 9 | 12



Sweet potato, coconut and lemongrass 61719112 (



Roasted mediterranean vegetables 61719112 (



Hungarian goulash 61719112



Chilled gazpacho 61719112



ALL SOUPS ARE AVAILABLE VEGAN FRIENDLY

### **Buffet Salad Options**

Lemon and turmeric couscous, mint, red onion, almonds and apricots 1w | 6 | 8a | 9 | 12 (FBAN)



Fiery green beans, fried onion, lime and harissa paste 6 | 9 | 12 (FEAN) (LIESAN)





Butternut squash wedges roasted, lentils and red wine vinegar dressing 12 (FAN) (🚉

Romaine lettuce, yogurt and parmesan 61719112 (🚉



Roasted beetroot with dill 12 (REAN) (LIEBERS)





Pasta, chorizo, roasted peppers 1w11o1617112

Heirloom tomatoes and basil 12 (FEAN) (FEAN)





Vietnamese rice noodle salad with crisp vegetables 2 | 4 | 5 | 6 | 11 | 12 (VEGAN) (WEGAN)

Baby potatoes, vegan mayo and Pommery mustard 6 | 10 ( SAN ( STEE HEE)

Traditional Greek salad, cucumber, peppers, black olives, plum tomatoes, virgin olive oil 12

Coleslaw 3 | 10 | 12 (



### **Hot Finger Food Options**

Vegetable samosa 1w | 6 | 9 | 12 (VEGAN)



Mushroom and haloumi skewer 7 | 9 | 12



Mini vegetable spring rolls with sweet chili sauce (FEAN) 1w | 6 | 9 | 12



Knockanore croquettes with jalapeno mayo dip 1w|3|6|7|9|10|12

Goats cheese, red onion and sundried tomatoes on puff pastry 1w13161719112

Breaded garlic mushrooms skewer 1w13161719112

Mini shrimp vol aux vents 1w1213161719112

Mushroom vol aux vents 1w13161719112

Mini chicken satay 1w15161719112

Japanese beef teriyaki skewer 1w161719112

Fish goujons with tartare dip 1w1314161719110112

Cocktail sausage wrapped in streaky bacon with spiced ketchup 1w1619112

Black pudding and apple croquettes 1w | 10 | 6 | 7 | 9 | 12

Crisp vegan wonton with chilli dip 1w | 6 | 9 | 12 (VEAN)



Indian vegetable pakoras with mint vegan dip (FEAN) 1w | 6 | 9 | 12



## **Cold Finger Food Options**

Smoked salmon, capers and red onion on Irish brown bread 1w|4|3|6|7|11|12

Mini shrimp cocktail with zesty lime and chilli 2|3|6|10|12



Prawns in ginger lime and sesame oil 21617111112



Japanese egg roll, smoked salmon, nori seaweed (🚉) 4 | 3 | 6 | 7 | 12



Country pâté with pear 1w131617112

Melon and Parma ham



Cooleeney brie and Cajun spiced pineapple 61719112



Tomato, basil and mozzarella bruschetta 1w161719112

Chorizo and gherkin bruschetta 1w11o161719112

Mini vegetable quiche 1w13161719112

Smoked chicken and melon bruschetta 1w | 3 | 6 | 7 | 9 | 12

Goats cheese and roast pear on pumpkinseed cracker 1w | 6 | 7 | 9 | 12

Selection of crudities with dips 1w|3|6|7|9|10|12

# **Buffet Main** Courses Options

### Fish

Fish goujons Killarney beer battered, tartar sauce 1w|3|4|6|7|10|12

Dingle bay seafood fish baked with creamed mash (\*\*\*) 214161719112

Sea bass fillet shaved fennel, dill, lemon and capers 🔅 2|4|6|7|9|12

Salmon pan seared with buttered leeks and peas 🤲 2|4|6|7|9|12

Cod oven baked with tomatoes capers and lemon ( ) 2|4|6|7|9|12

Whiting breaded with tartare sauce 1w | 3 | 4 | 6 | 10 | 12

#### Meat

Chicken and creamy mushroom pie, puff pastry lid (individual) 1w | 3 | 6 | 7 9 | 12

Chicken Thai green curry and coconut rice (🔌 2 | 4 | 6 | 7 | 9 | 12



Chicken on rosemary boxty, Colooney melted brie 1w13161719

Breast of chicken, sweet corn tomato and chorizo ragout 1w|10|6|7|9

Turkey breast scalloped breaded with cranberry and lemon compote 1w13161719112

Pork belly slow roasted, apple compote and gravy 3161719112



Pork escalope with smoked bacon and mushroom ragout 1w13161719112

Tim Jones sausages with onion gravy 1w161719112

Bacon slow cooked with cabbage simmered in the broth 6 | 7 | 9 | 12 (1)

Lasagne oven baked, tomatoes, cheese sauce 1w | 3 | 6 | 7 9 | 12

Beef mushroom and Guinness hot pot 1b61719112

Beef strips cooked in a stroganoff sauce 61719110112



Lamb kofta minced lamb, onion and mint grilled, with tomatoes cucumber and tahini sauce 6 | 7 | 9 | 10 | 11 | 12 (\$\frac{1}{2}\$)

### Vegetarian

Tortellini ricotta and spinach in sage cream 1w | 3 | 6 | 7 | 9 | 12

Flat cap mushrooms quinoa, hazelnuts, roast 

Baked courgette with couscous, vegetables in roast garlic and tomato sauce 1w1619112 (FRAN)

Cannelloni zucchini, baby spinach, butternut squash vegan mozzarella, tomato and basil sauce 1w | 6 | 12 (MAN)

Crispy croquettes, smoked knockanore Irish farmhouse cheese and jalapenos 1w131617

Baked enchiladas, refried beans, corn, sweet potato, zucchini, vegan cheese tomato and guacamole salsa, cilantro 1w 16 19 112 (FEAN)

Fragrant curry sweet potato, cauliflower, peas and almond korma, pilaf rice 6 | 8a | 9 (FBAN) (\*\*\*)

Falafel with tabbouleh and tahina dip, in flat bread pockets 1w | 11 (FGAN)

Toonsbridge buffalo halloumi char-grilled mushroom boxty, asparagus brushed with Donegal rapeseed oil, heirloom tomatoes, basil and red chilli flakes 6 | 7 | 12 ( )

### **Buffet Dessert Options**

Mixed berry trifle 1w131617112

Profiteroles 1w131617

Raspberry torte 1w131617112

Strawberry cheesecake 1w131617112

Mini meringue nests 31617



Chocolate brownie 3 | 6 | 7 | 8a | 8w | 12



French apple slice 1w131617112

Tiramisu 1w | 3 | 6 | 7 | 12

Carrot cake 1w13161718w

Fresh fruit salad ( )



PLEASE NOTE: PRICES ARE QUOTED PER PERSON AND ARE SUBJECT TO CHANGE

### **ALLERGENS:**

Barley: 1b; Oats: 1o; Wheat: 1w | Crustaceans: 2 Eggs: 3 | Fish: 4 | Peanuts: 5 | Soy Beans: 6 | Milk: 7 Almonds: 8a; Cashew: 8c; Hazelnuts: 8h; Walnuts: 8w Celery: 9 | Mustard: 10 | Sesame Seeds: 11

Sulphites: 12 | Lupin: 13 | Mollusks: 14



(VEGAN) Vegan (SUTISHREE) Gluten Free