



GLENEAGLE

— LEISURE —

2026 Classes

Fitness Class Timetable

Members | Non-Members

Mon	10:45 - 11:45	AquaFit with Gordon	€8 €15
	18:00 - 18:45	HIIT & Build Class with Laura	€8 €10
Tues	18:30 - 19:30	Yoga Vinyasa Flow Class with Irina	€8 €15
Wed	10:00 - 10:45	Yoga Vinyasa Flow Class with Ainsley Moloney	€8 €12
Thur	07:00 - 07:45	HIIT & Build Class with Laura	€8 €10

Pre-booking Essential | Book Online!



Contact us: 064 6636178 | 087 9758286

gleneaglekillarney.ie